



RELEASE – 05:30PM EST – DECEMBER 05TH, 2008

PRESS RELEASE

GRIT INTERNATIONAL GROUPS INC. HAS APPROVED A REVERSE SPLIT OF 20 SHARES OUTSTANDING TO 1 NEW SHARE BEING ISSUED. GRIT INTERNATIONAL GROUPS INC. HAS ALSO FILED FOR THE AMENDMENT AND CHANGED ITS NAME TO THE NEW NAME GRIT INTERNATIONAL INC.

GRANDE PRAIRIE, AB – (Marketwire – December 16th, 2008 – 04:30PM EST) – GRIT International Groups Inc, has changed its name to GRIT International Inc (GRIT) (FRANKFURT: 3GR) (PINKSHEETS: GIGR) would like to announce to its Shareholders and Investors the approval of a 20:1 Reverse Split on outstanding GRIT common stock.

Management had agreed to approve the Reverse Split so as to realign and re-evaluate the share value of the company. The overall market crisis has not only affected the major and junior financial markets, mutual funds, and stocks companies, but also the real economy as well. Some end markets will be more resilient than others, which is one of the main reasons for GRIT's strategic move to focus on cash impaired, succession minded companies. Management observed it to be prudent to approve a reverse split making the Effective Transaction date to be that of December 01st, 2008; trading under the new ticker which is to begin at opening market day of December 08th, 2008.

GRIT, is conservatively financed and are taking appropriate steps to prepare for more difficult market conditions. Well poised to follow through with its innovations and business strategies; we see the crisis in the marketplace to be that of many opportunities and some fundamental building blocks for GRIT's overall growth strategies.

GRIT INTERNATIONAL GROUPS INC / GRIT INTERNATIONAL INC

GRIT International Groups Inc is a Canadian based company. Its goal is to become one of North America's major Industrially Specialized Service Providers in the Composite Abrasives Blasting & Paintings/Coatings Sector; seeking to set service standards in Craftsmanship and Quality, with service continuity and product guarantees.

Safe Harbor Statement under the Private Securities Litigation Reform Act of 1995: The statements contained herein which are not historical are forward-looking statements that are subject to risks and uncertainties that could cause actual results to differ materially from those expressed in the forward-looking statements, including, but not limited to, certain delays beyond the company's control with respect to market acceptance of new technologies or products, delays in testing and evaluation of products, and other risks detailed from time to time in the Company's filings with the Securities and Exchange Commission.

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Investors Relations

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